



NURSING AND MIDWIFERY COUNCIL OF NIGERIA

(Established by Nursing and Midwifery Registration etc Act Cap No 143 Law of the Federal of Nigeria 2004)

Professional Examination For General Nurses

May 2019

PAPER I

COVERING ALL ASPECT OF NURSING CARE AND TREATMENT OF PATIENTS

Time Allowed: 3 Hours for Section A & B

INSTRUCTIONS: *This Paper Consists of Section A & B: Please read the instructions for each section CAREFULLY.*

Any Candidate who makes an unauthorized writing/appeal on the Answer Booklet shall be DISQUALIFIED.

Candidate's NUMBER and NOT NAME is to be entered at the top right - hand corner of each sheet.

SECTION A: ESSAY QUESTION (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Mallam Sanusi is a chronic alcoholic who recently developed liver cirrhosis
 - a. With the aid of a well labeled diagram, describe the liver

Diagram	- 1 mark	
Labeling	- 1 mark	
Description	- 3 marks	(5 marks)
 - b. Enumerate six (6) causes of liver cirrhosis. (3 marks)
 - c. Develop a Nursing Care Plan to solve three (3) Nursing diagnoses of Mallam Sanusi (9 marks)
 - d. List six (6) complication of Liver cirrhosis (3 Marks)

2. Write short notes on the following groups of drugs
- a. Calcium channel blockers
 - b. Oral hypoglycemic agent
 - c. Angiotensin Converting Enzyme (ACE) inhibitors
 - d. Anticoagulants (5 marks)

3. Application of theories and relevant scientific principles are fundamental to modern Nursing practice promotion of quality nursing care

- a. Define nursing (2 marks)
- b. Outline the eight (8) stages of Erickson's theory of human development with associated development conflicts (8 marks)
- c. Outline three (3) scientific principle related to each of the following nursing procedure
 - (i) Bed bath
 - (ii) Mouth care
 - (iii) Perineal care (3 marks)
- d. List any other two (2) theories relevant to nursing practice (1 mark)

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PAPER II

COVERING ALL ASPECT OF NURSING CARE AND TREATMENT OF PATIENTS

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SECTION A: ESSAY QUESTION (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Mrs. Marvis a 40 year old secretary was admitted into the ward with complains of painful swelling and associated lesion around the thigh. Following routine Laboratory investigations a diagnosis of osteosarcoma was made.
 - a. Define the term osteosarcoma (1 mark)
 - b. With the aid of a well labelled diagram describe the femur. (6 marks)

Diagram	- 1 mark
Labeling	- 2 marks
Description	- 3 marks
 - c. Explain the pathophysiology of osteosarcoma to a second year student (3 marks)
 - d. Describe the nursing management of Mrs Marvis from admission to discharge. (10 marks)

2. Madam Ayanfe, a 52 years old business woman reported at the Accident & Emergency Unit with history of unexplained weight loss frequent urination, excessive thirst and easy fatigueability of 3 weeks duration. A diagnosis of Diabetes Melletus is made and was admitted.

- a. Outline four (4) Investigation that will aid the diagnosis of Diabetes Mellitus for Madam Ayanfe. (2 marks)
- b. Describe the pathophysiology of the type of Diabetes Mellitus Madam Ayanfe has (4 marks)
- c. Develop a Nursing Care Plan to solve three (3) nursing diagonis of Madam Ayanfe (9 marks)
- d. List four (4) complication of Diabetes Mellitus Madam Ayanfe may develop (2 marks)
- e. Outline the content of the health education you will give to Madam Ayanfe on discharge who is on insulin Administration (3 marks)

3. There is an outbreak of Cholera in a community where you are working and lot of People are affected. Some were admitted unto the primary health centre

- a. Define Cholera. (1 mark)
- b. Explain the mode of transmission. (2 marks)
- c. Enumerate the clinical manifestation of Cholera. (3 marks)
- d. Describe the management of the condition at
 - i. home
 - ii. in the hospital (4 marks each)
- e. Outline the measure that could be adopted by the community to prevent recurrent outbreak of disease in the community (6 marks)

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NURSING AND MIDWIFERY COUNCIL OF NIGERIA

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Professional Examination For Mental Health Nurses

November 2019

PAPER I

SECTION A: ESSAY (80%)

Answer ALL Questions (Use the Answer Booklet)

Time Allowed: 3 Hours for Section A & B

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1. Therapeutic relationship is the foundation upon which mental health nursing is founded.
 - a. Define therapeutic relationship (1 marks)
 - b. State and describe five (5) essential conditions in the development of therapeutic relationship in the ward (5 marks)
 - c. Describe the four (4) phases of therapeutic relationship and the task each demonstrate in the ward (4 marks)
 - d. Highlight six (6) example of boundary crossing between a nurse and his/her patient either in the ward or in the community (8 Marks)

2. Nephrotic Syndrome is not a disease itself, but the manifestation of many different glomerular diseases. It is a known pathology among children.
 - a. With the aid of a Well labelled diagram, describe the microscopic structure of the kidney

Diagram	- 1 mark	
Labeling	- 2 marks	
Description	- 3 marks	(6 marks)
 - b. Enumerate eight (8) clinical manifestations of nephrotic syndrome in children (4 marks)
 - c. In order to establish the presence of nephrotic syndrome, laboratory tests such as serum albumin and urinalysis are essentials, Describe your nursing

responsibilities in the two laboratory tests mentioned (4 marks)

- d. Lasix and prednisolone are part of the medications used in the management of a child with nephrotic syndrome. Write briefly on these two drugs.

(3 marks each = 6 marks)

3. Play is a legitimate right of childhood, representing a crucial aspect of children's physical intellectual and social development. Also the use of play as a nursing intervention in paediatric care is important.

- a. Define therapeutic play (2 marks)
- b. List six (6) types of play encouraged in the paediatric ward (3 marks)
- c. Write briefly on the importance of play during hospitalization of children (5 marks)
- d. Describe a typical play room in the paediatric ward (4 marks)
- e. Describe six (6) roles of a paediatric nurse in a child's play (6 marks)

4. Write short notes on the following:

- a. Environmental factors that affect the health of a child
- b. Attention deficit Hyperactivity Disorder
- c. Characteristics of good documentation
- d. Two (2) types of socialization
- e. Quality assurance in nursing (4 marks each)





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SECTION A: ESSAY QUESTION (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Wound is defined as a break in the continuity of the skin.
 - a. With the aid of a well labelled diagram describe the human skin

Diagram	- 1 mark	
Labeling	- 1 marks	
Description	- 3 marks	5mark
 - b. Explain two (2) types of wound according to:
 - i. How they are acquired
 - ii. Degree of Contamination (2 Marks each)
 - c. Several factors contribute to the development of pressure sores (3 marks)
 - (i) Outline four (4) risk factors for developing pressure sore (2 marks)
 - d. Develop a Nursing Care Plan to solve three (3) Nursing Diagnoses of a patient with Severe Pressure on the buttocks (9 Marks)

2. Serving of oral drugs and injection rounds are procedures that are very important in nursing activities/care
- a. Explain the following term
 - i. Medication
 - ii. Therapeutic effects of a drug
 - iii. Drug Tolerance
 - iv. Cumulative effect (4 marks)
 - b. Outline five (5) factors affecting drug action (5 marks)
 - c. The route of drug administration should be indicated when the drug is prescribed. Briefly explain the following routes stating their advantages and disadvantages
 - i. Oral route
 - ii. Intravenous
 - iii. Intrathecal route
 - iv. Subcutaneous. (6 marks)
 - d. As a Nurse explain how will you achieve safe medication (2 marks)
 - e. Explain three (3) conditions that you will see at the injection site that would prevent you from giving intramuscular injection to a patient (3 marks)
- 3.
- a. Define Management (1 marks)
 - b. Differentiate between a Manager and a Leader (4 marks)
 - c. List and explain the functions/role of Management (4 marks)
 - d. Outline the components of Henry Fayol's theory (5 marks)
 - e. State six (6) characteristics of planning (3 marks)
 - e. Explain the concept of delegation in Nursing Management (3 marks)

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COVERING ALL ASPECT OF NURSING CARE AND TREATMENT OF PATIENTS

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SECTION A: ESSAY QUESTION (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Mr. Ajah a 58-year old factory workers is diagnosed with Cancer of the Lungs
 - a. Explain the term carcinogenesis (2 marks)
 - b. Enumerate four (4) factors contributing to the development of cancer in the environment (2 marks)
 - c. Specify six (6) Different between benign and malignant cancer (2 marks)
 - d. Develop a Nursing Care Plan to solve three (3) Nursing Diagnoses of Mr Ajah While on Admission in the hospital. (9 Marks)
 - e. Enumerate four (4) complication of cancer (2 Marks)
 - f. What advise would you give to Mr. Ajah on discharge with special reference to habit and environmental factors (2 marks)

2. Mr. Daniel, a 55 years old politician is diagnosed of chronic renal failure and placed on admission
- a. with the aid of a Large, Well labelled diagram, describe the functional unit of the kidney
- | | | |
|-------------|-----------|-----------|
| Diagram | - 2 mark | |
| Labeling | - 2 marks | |
| Description | - 2 marks | (6 marks) |
- b. List four (4) causes of chronic renal failure (2 marks)
- c. Explain six (6) diagnostic measures that will confirm Mr. Daniel's condition (6 marks)
- d. Describe the Nursing and Medical Management of Mr. Daniel from Admission to Discharge (6 marks)
3. Substance abuse is a significant public health problem around the world and especially Nigeria, with particular consequences for youth.
- a. Define Substance abuse (2 marks)
- b. List eight (8) predisposing factors to substance abuse among the youth in Nigeria (4 marks)
- c. Enumerate eight (8) commonly abused drugs in Nigeria (4 marks)
- d. Highlight the content of the health education on the topic "educating young people on the potential risk of abusing drugs and alcohol" (6 marks)
- e. Outline the adverse effects of substance abuse on:
- The family
 - The Society (2 marks each)

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SECTION A: ESSAY QUESTION (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Master Dickson, a 7-year old primary schools pupils is admitted into the Paediatric ward with the diagnosis of Nephrotic Syndrome.
 - a. With the aid of a large well labeled diagram. Describe the microscopic structures of the kidney

Diagram	- 1 mark	
Labeling	- 2 marks	
Description	- 3 marks	(6 Marks)
 - b. Define Nephrotic Syndrome. (1 Mark)
 - c. Explain the pathophysiology of Nephrotic Syndrome (4 Marks)
 - d. Develop a Nursing Care Plan to solve three (3) Nursing Diagnoses of Master Dickson (9 Marks)

2. In spite of advances in diagnosis, treatment and management. Shock remains one of the following causes of death in critically ill patients.
 - a. Define Shock (1 Mark)
 - b. Identify four (4) types of Shock (2 Mark)
 - c. Explain the pathophysiology of Shock. (5 Mark)

- d. Describe the Medical and Nursing Management of Shock. (10 Mark)
- e. List any four (4) complications of Shock. (2 Mark)

3. Primary Health Care remains the bedrock of Nigerian Health care delivery system
- a. Explain the concept of Primary Health Care. (2 Mark)
- b. State eight (8) components of Primary Health Care (4 Mark)
- c. Briefly explain five (5) principles of Primary Health Care (5 Mark)
- d. State six (6) problems/challenges of Primary Health Care in Nigeria and suggest ways of ameliorating them (9 Mark)

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SECTION A: ESSAY QUESTION (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Mrs Peter, a-67-year old housewife was admitted into the Obstetric & Gynecological Ward with a complaint of profuse bleeding per vagina for which a diagnosis of post menopausal bleeding was made.
 - a. With the aid of a Large well labeled diagram, describe the uterus

Diagram	- 1 mark
Labeling	- 2 marks
Description	- 3 marks
 - b. Define post menopausal bleeding. (1 mark)
 - c. State two (2) likely causes of the bleeding. (2 marks)
 - d. Explain the major information needed in the assessment of this condition. (3 marks)
 - e. Discuss the management of Mrs. Peter while on admission. (8 marks)



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SECTION A: ESSAY QUESTION (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Mr. Habib, a 52-years old farmer presented to the medical ward with complaints of fever, anorexia, weight loss, evidence of systemic embolism, cardiac murmurs as well as splinter hemorrhages under the finger nails. He was diagnosed with infective Endocarditis.
 - a. With the aid of a well labelled diagram describe the internal structure of the heart.

Diagram	- 1 mark	
Labeling	- 2 marks	
Description	- 3 marks	(6 marks)
 - b. Define the Infective Endocarditis (1 mark)
 - c. State four (4) causes of this condition. (2 marks)
 - d. Develop a Nursing Care Plan to solve three (3) Nursing Diagnoses of Mr. Habib (9 marks)
 - e. Identify four (4) ways of preventing endocarditis (2 marks)

2. A 68 years old man was rushed into your hospital following a ghastly motor accident. On examination, a diagnosis of Ruptured Abdominal Viscus was made which requires emergency surgery,

- a. Explain four (4) classifications of Surgery based on the degree of urgency (4 marks)
- b. Describe the pre-operative care you will give to this patient (5 marks)
- c. Following the Surgery, the surgeon prescribed
 - i. Augmentin
 - ii. Pentazocine
 - iii. MetronidazoicDiscuss the above drugs (3 marks each)
- d. List four (4) complications of the surgery (2 marks)

3. Documentation is the bedrock of effective Nursing Audit.

- (a) Define the term "Nursing Audit" (1 mark)
- (b) Explain in details, three (3) essential records a nurse must keep in clinical practice. (9 marks)
- (c) Briefly explain five (5) purposes of patient's record keeping. (10 marks)

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SECTION A: ESSAY QUESTIONS (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Mrs. Hassan, a 70-year old woman slipped while bathing and sustained a fracture of the left femur.
 - (a) With the aid of a large well labeled diagram, describe the left femur.

Diagram	- 1 mark	
Labeling	- 2 marks	
Description	- 3 marks	(6 Marks)
 - (b) List four (4) types of fracture (2 marks)
 - (c) Write briefly on the following (7 marks)
 - (i) Plaster of Paris (POP)
 - (ii) Internal fixation

(2 ½ Marks each)

2. Baby Victor, a 4-day old newborn was brought into the Pediatric Emergency Unit with Pyrexia, refusal to suck, apnoea, and restlessness. A diagnosis of Neonatal Infection is made and Baby Victor is admitted into the Neonatal Intensive Care Unit.
 - a. Define Infection. (1 Mark)
 - b. List six (6) predisposing factor to infection in the neonate. (3 Marks)
 - c. State the three (3) phases of Infection process. (3 Marks)

- d. Using a flow chart, briefly explain chain of Infection. (6 Marks)
- e. Discuss infection control measures in a hospital. (7 Marks)

3. Miss Nancy, a 14-years old Senior Secondary School girls, a known Sickle Cell Disease patient developed crisis while in the examination hall and is rushed into the Accident and Emergency Unit of your hospital.

- a. Define Sickle Cell Disease. (1 Marks)
- b. Briefly explain the pathophysiology of Sickle Cell Disease. (5 Marks)
- c. Develop a nursing care plan to solve three (3) nursing diagnoses of Miss Nancy within 24 hours of admission. (9 Marks)
- d. Using a genotype chart, give health education to a group of young adults on the prevention of sickle cell disease. (5 Marks)

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SECTION A: ESSAY QUESTIONS (60%)

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1. Mrs. Ologe, a 55 years old Bank Manager is on admission in the female medical ward with the diagnosis of chronic renal failure.
 - (a) With the aid of a large well labeled diagram, describe the functional unit of the kidney (nephron)

Diagram	- 1 mark	
Labeling	- 2 marks	
Description	- 3 marks	(6 Marks)
 - (b) List four (4) causes of Chronic renal failure (2 Marks)
 - (c) State six (6) diagnostic measures that will confirm chronic renal disorder (3 Marks)
 - (d) Develop a Nursing Care Plan to solve three (3) Nursing diagnoses of Mrs. Ologe. (9 Marks)



2. Alhaji Sule, a Chief Executive Officer of a multinational company walked into your routine medical check-up. On assessment, his blood pressure was 150/100mmHG and a 72 beats/min.
- Define blood pressure.
 - List six (6) factors that influence blood pressure.
 - Describe in details the auscultatory method of measuring blood pressure Stating the equipment needed.
 - Differentiate between pulse pressure and pulse deficit
 - Outline four (4) factors you will take into consideration while assessing a client pulse rate
3. Write short notes on the following drugs
- Pentazocine (fortwin)
 - Propranolol (Inderal)
 - Mebondazole (vermox)
 - Amitriptyline (tryptizole)

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SECTION A: ESSAY QUESTIONS (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Mrs. Adeoba, a 51-year old widow and a textile trader presented at the outpatient department of the Hospital with fever, colicky abdominal pain, fatigue and and anorexia of five days duration. On assessment a diagnosis of cholecystitis was made.

- (a) With the aid of a large well labeled diagram, describe the gall bladder. (6 Marks)
- | | | |
|-------------|-----------|-----------|
| Diagram | - 1 mark | |
| Labeling | - 2 marks | |
| Description | - 3 marks | (6 Marks) |
- (b) Explain the pathophysiology of cholecystitis. (4 Marks)
- (c) Differentiate between cholecystitis and cholelithiasis (2 Marks)
- (d) Develop a Nursing Care Plan to solve three (3) Nursing diagnoses of Mrs. Adeoba. (9 Marks)



2. Write short note on the following:

- a. Bursitis
- b. Carpal tunnel Syndrome
- c. Ingrowing toenail
- d. Osteoarthritis

3. Glaucoma is often referred to as the “silent thief of sight”

- a. Define the term glaucoma
- b. With the aid of a large well labeled diagram, describe the eye

Diagram - 1 mark

Labeling - 2 marks

Description - 3 marks

- c. Explain the pathophysiology of glaucoma
- d. Discuss the Nursing and Medical Management of patient with glucose

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PROFESSIONAL EXAMINATION FOR GENERAL NURSES - MAY, 2018

QUESTIONS STATION 8

CANDIDATES NO.....

1. The two types of catheterization are and
2. Indication for catheterization includes all but one of the followings
 - a. To obtain specimen for laboratory investigation
 - b. To empty bladder during labour
 - c. Prior Surgical interventions
 - d. To ease breathing
3. The following is true for catheterization except:
 - a. clean procedure
 - b. routine procedure
 - c. trolley procedure
 - d. tray procedure
4. The length of a male urethra is
 - a. 15-20cm
 - b. 10-15cm
 - c. 12-15cm
 - d. 20-25cm
5. The following are complication that can be associated with catheterization except
 - a. Urolithiasis
 - b. Haematuria
 - c. Ureter stricture
 - d. Urinary tract infection
6. The length of the female urethra is
 - a. 3cm
 - b. 3.5cm
 - c. 4cm
 - d. 4.5 cm
7. The three stages of urine formation in order of sequence
 - a. Selective reabsorption ----- Secretion ----- Filtration
 - b. Selective secretion ----- reabsorption ----- Filtration
 - c. Selective Filtration ----- secretion ----- reabsorption
 - d. Filtration ----- Selective reabsorption ----- secretion

8. The normal quantity of urine produced by a normal adult in 24 hours is
- 500 -100mls
 - 1,500 - 2000mls
 - 2,500 - 3000mls
 - 3,500 - 4000mls
9. Three urinary bladder has three layers that is composed of
- Peritoneal Layer ----- Smooth and elastic Tissue ----- mucosa
 - Smooth and elastic tissue ----- Peritoneal Layer ----- mucosa
 - Peritoneal Layer ----- mucosa -----Smoth and elastic tissue
 - Mucosa ----- Peritoneal Layer ----- Smooth and elastic tissue
10. When the Urinary bladder is empty, the inner layer is arranged into folds referred to as

$(\frac{1}{4}$ Mark each x 10 = $2\frac{1}{2}$)

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PROFESSIONAL EXAMINATION FOR GENERAL NURSES - MAY, 2018

MAKING SCHEME

QUESTION STATION 8.

1. Intermittent and Continuous Catheterization
2. D
3. B
4. A
5. C
6. C
7. D
8. B
9. A
10. Rugae

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PROFESSIONAL EXAMINATION FOR GENERAL NURSES - MAY, 2018

QUESTIONS STATION 6

CANDIDATES NO.....

1. The hormones responsible for the regulation of urine volume and urine concentration are and
2. The normal urine pH range is
 - a. 6 -7
 - b. 5.5 - 70
 - c. 4.5 -7
 - d. 3.5 - 7.5
3. The normal urine specific gravity ranges from
 - a. 1.008 - 1102
 - b. 1.001 - 1.037
 - c. 1.101 - 1.109
 - d. 1.008 - 2.001
4. Passage of urine of greater than 3 Litres per day with concentration of < 300 mOsm/kg Characterizes
5. The approximate amount of plasma filtered by the kidney tubules daily is.....
 - a. 2.5 litres
 - b. 150 litres
 - c. 200 litres
 - d. 1.5 litres
6. The functional unit of the kidney is
 - a. Bowman capsule
 - b. Renal Medulla
 - c. Nephron
 - d. Nephron
7. Which of the following is true about glucose?
 - a. It is filtered by the nephrons into urine
 - b. It is secreted into the collecting duct of the renal tubules
 - c. It is excreted in urine in hyper insulineamia
 - d. When in urine, it reduces specific gravity



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PROFESSIONAL EXAMINATION FOR GENERAL NURSES - MAY, 2018

MAKING SCHEME

QUESTION STATION 6.

1. Antidiuretic hormone and aldosterone
2. B
3. B
4. Diabetes Insipidus
5. B
6. D
7. C
8. B
9. B
10. C

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(Established by Nursing and Midwifery Registration etc Act Cap No 143 Law of the Federation of Nigeria 2004)

PROFESSIONAL EXAMINATION FOR GENERAL NURSES - MAY, 2018

QUESTIONS STATION 4

CANDIDATES NO.....

1. The route of choice when large amount of drug to be administered is.....
 - a. Sublingual route
 - b. Intramuscular route
 - c. Intravenous route
 - d. Intrathecal route

2. The normal absorption time for drugs given via the oral route is
 - a. 5minutes
 - b. 15minutes
 - c. 20minutes
 - d. 30 minutes

3. The use of methylated spirit to clean an area prior to intramuscular injection is primarily intended to
 - a. Remove dead epithelial cells and make injection less painful
 - b. Remove dirt and promote drug distribution
 - c. Promote vasodilatin and drug absorption
 - d. Prevention of needle contamination

4. Drugs that bind to beta adrenoreceptor and prevent the binding of norepinephrine and epinephrine at these receptors are called.
 - a. Epinephrine blockers
 - b. Norepinephrine antagonist
 - c. Beta adrenoreceptors agonists
 - d. Beta adrenoreceptors antagonists.

5. The following are nonselective beta blockers except
 - a. Propranolol
 - b. Timolol
 - c. Penbutalol
 - d. Acebutolol

6. Calculate the IV flow rate for 250 mL of 0.5% dextrose to be administered over 180 minutes. The Infusion set has drop factor of 30

The formula for calculating child dose of drug using Young's rule is



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MAKING SCHEME

QUESTION STATION 4.

ANSWERS.

1. C

2. D

3. D

4. D

5. D

6. 42 drops/min

7. Young's rule = $\text{Adult dose} \times \frac{\text{Child's age (in years)}}{\text{Child's age (in years)} + 12}$

8. Clarke's rule = $\frac{\text{Child's weight (in pounds)} \times \text{Adult dose}}{150 \text{ Pounds}}$ = Child dose

9. Absolute contraindication and Relative contraindication

10. Drug - Drug interaction: Drug - Food Interaction.





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Professional Examination For General Nurses

November 2014

PAPER I

COVERING ALL ASPECT OF NURSING CARE AND TREATMENT OF PATIENTS

Time Allowed: 3 Hours for Section A & B

INSTRUCTIONS: This Paper Consists of Section A & B: Please read the instructions for each section CAREFULLY.

Any Candidate who makes an unauthorized writing/appeal on the Answer Booklet shall be DISQUALIFIED.

Candidate's NUMBER and NOT NAME is to be entered at the top right - hand corner of each sheet.

SECTION A: ESSAY QUESTION (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Mrs. Jones, a 35 year old banker is admitted into your ward with a diagnosis Thyrotoxicosis with the aid of a large well labelled diagram, describe the structure of the Thyroid gland

Diagram	-	1 mark	
Labeling	-	2 marks	
Description	-	3 marks	(6 Marks)

 - b. Differentiate between Hyperthyroidism and Hypothyroidism. (3 Marks)
 - c. Discuss the nursing and medical management of Mrs. Jones. (9 Marks)
 - d. List four complications that Mrs. Jones may develop. (2 Marks)

2. Write on the diet that will be recommended in the management of the following conditions giving your reasons:

-	Nephrotic Syndrome	
-	Diabetes Mellitus	
-	Hypertension	(4 Marks Each)

 - b. Write briefly on the following:

-	Mode of transmission of Ebola Viral Disease	(4 Marks)
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- Precautionary measures to be taken by nurses in the prevention of spread of Ebola Viral Disease

(4 Marks)

3. Mr. Ade, a 40-years old trader was rushed into the emergency unit of your hospital with a high abdominal pain, vomiting, fever and abdominal distention. A diagnosis of Acute abdomen was made.
- a. What do you understand by Acute Abdomen?
 - b. List six (6) causes of Acute Abdomen.
 - c. List and explain three (3) pre-operative complications that may occur if surgery is unnecessarily delayed.
 - d. Develop a Nursing Care plan to solve three (3) Nursing diagnosis of Mrs. Ade 48 hours after Surgery.

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SECTION A: ESSAY QUESTION (60%)**Answer ALL Questions (Use the Answer Booklet)**

1. a. Differentiate between the following conditions;
 - i. Acute retention of urine and retention with overflow.
 - ii. True incontinence and stress incontinence
 - iii. Frequency of micturition and urgency of micturition
 - iv. Dysuria and Dyspareunia.
 - v. Menorrhagia and Metrorrhagia
 - b. Describe in details the Nursing Management of Mr. Obi, a 65-year old man who has an indwelling urinary Catheter following a Prostatectomy.
2. As a final year Student, you are expected to carry out a research
 - a. Define the term "Nursing Research"
 - b. Differentiate between Descriptive and Experimental Research
 - c. Explain five (5) ethical considerations in nursing research
 - d. Discuss the research process.



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SECTION A: ESSAY QUESTION (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Mrs. Brown a 45-year old trader is admitted into the ward with the diagnosis of chronic left leg ulcer from "Diabetic Mellitus". She is scheduled for below the knee amputation.
 - a. Define the term "Diabetes Mellitus" (1 mark)
 - b. List four (4) other indications for amputation (2 marks)
 - c. Develop a Nursing Care Plan to solve three (3) Nursing diagnosis of Mrs. Brown, within seventy-two (72) hours after Surgery. (9 marks)
 - d. Outline the content of the advice to Mrs. Brown's on discharge from hospital (6 marks)
 - e. Enumerate four (4) complications of amputation (2 marks)

2. The Emergency treatment in the following situations
 - a. A colleague slips on the ward and twists her right ankle.
 - b. Patient on arrival into the Ward from the operating theater, develops cardiac arrest
 - c. Five years old boy bitten by a stray dog
 - d. Person with burst abdomen from stab injury
 - e. Patient with tracheotomy tube suddenly coughs out the outer tube (4marks)

3. a. Define the term "Malaria" . (1mark)
- b. With the aid of a diagrammatic illustration, explain the life cycle of malaria parasite. (3 marks)
- c. Discuss the measures that could be taken in the prevention and control of malaria in Nigeria. (7 marks)
- d. Discuss the roll-back malaria initiative of the Federal Government. (3 marks)
- e. List four (4) complications of malaria. (2 marks)

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Professional Examination for General Nurses

May, 2012

PAPER I

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SECTION A: ESSAY QUESTION (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Miss Tefe, a University Undergraduate is rushed to the Emergency Department of your Hospital with the history of cough, dyspnoea and wheezing. A clinical diagnosis of asthma was made.
 - a. With the aid of a well labeled diagram, describe the lungs

Diagram	- 1 mark	
Labeling	- 2 marks	
Description	- 3 marks	(6 Marks)
 - b. Explain the pathophysiology of this condition (2 Marks)
 - c. Utilizing the nursing care plan, identify and solve in order of priority three (3) Nursing diagnoses of Miss Tele (9 Marks)
 - d. What advice will you give to Miss Tefe on discharge to avoid reoccurrence of her condition (2 Marks)

2. Mr. Okon a 30-years old civil servant walked into your clinic with history of dryness of the throat.

On examination, a diagnosis of pharyngitis was made.

- a. List four (4) most common bacterial organism that causes pharyngitis (2 Mark)
- b. Enumerate six (6) clinical Manifestation of bacteria pharyngitis (3 Marks)
- c. Explain four (4) diagnostic tests that may be carried out on Mr. Okon (4 Marks)
- d. Develop a Nursing Care Plan to solve three (3) nursing diagnoses of Mr. Okon (9 Marks)
- e. List four (4) complications that may develop from this condition (2 Marks)

3. Write short notes on the following using the stated guidelines.

- i. Eczema
- ii. Impetigo
- iii. Scabies
- iv. Tinea Capitis
- v. Urticaria

Guidelines

- a. Definition
- b. Causes
- c. Signs and symptoms
- d. Mode of spread
- e. Nursing Management.

(4 Marks)

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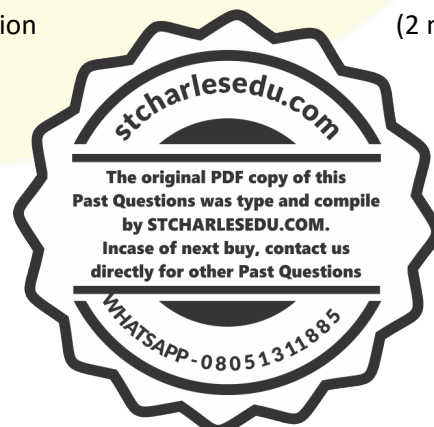
Candidate's NUMBER and NOT NAME is to be entered at the top right - hand corner of each sheet.

SECTION A: ESSAY QUESTION (60%)

Answer ALL Questions (Use the Answer Booklet)

1. Madam Giga a 60-years old local gin seller was admitted into the medical ward with the diagnosis of liver cirrhosis
 - a. With the aid of a well labelled diagram, describe the liver

Diagram	- 1 mark	
Labeling	- 2marks	
Description	- 3 marks	(6 marks)
 - b. List four (4) clinical manifestations of this condition (2marks)
 - c. State four (4) investigations that may be carried out on Madam Giga (2 marks)
 - d. Describe the medical and nursing management of Madam Giga (8 marks)
 - c. Enumerate four (4) complications of this condition (2 marks)



2. Prof Ilugun, a 75 years old university don is admitted into the surgical ward with prostate cancer

a. With the aid of a well labeled diagram, describe the prostate gland

Diagram - 1 mark

Labeling - 2marks

Description - 2 marks (5 marks)

b. Explain four (4) risk factors for prostate cancer (4 marks)

c. Discuss nursing management of Prof Ilugun following radical prostatectomy.

The condition is known to respond well to treatment if diagnosed early. (5 marks)

d. Describe the step by step protocol for Male Genital Self Examinaiton (MGSE)

3. Write short notes on the following diseases using the guidelines below:

i. Onchocerciasis

ii. Pertussis

iii. Cholera

iv. Rabies

(5 marks)

Guidelines

1. Definition
2. Cause
3. Incubation period
4. Signs and symptoms
5. Treatment
6. Prevention

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